

TERRA NOVA AQUATICS



More Talk, Less Swimming

Terra Nova Aquatics Newsletter
April, 2024

Welcome to the Inaugural Edition of the Terra Nova Aquatics Newsletter!



New Swimmers

Please welcome the following new swimmers:

PPSC:

- Coco Afzali
- Arthur Jones
- Skyler Wallace

CSTS:

- Michelle Afzali
- Chloe McNab
- Ania Burlinska
- Verne Deason
- John Patterson
- Sophia Flannery
- Shelley Bagley
- Juliana Walton



Coach's Comments

Camryn Stevenson and Violet Limon swam the 200 fly in the PSL meet at Oceana on March 23rd. Violet dropped time in nearly every race. Camryn Stevenson broke the TN high school 100 fly record by swimming 1:03.22 at a meet on April 2nd. The record had stood for 22 years.

Aly Kaplan just returned from her honeymoon in Singapore and Thailand.

Masters coach Kristine Buckley will be in Australia from April 30 to May 7.

PPSC coach Ian Keaney is vacationing with his family in London and Paris April 3 - 16.



Upcoming Events

JUNE

Join us for the Annual CSTS Camping Trip!

Hosted by Rachel Perry Limon - Please RSVP to Evite or contact Rachel for more details

June 20th 4pm- June 23rd 11am

Sly Park Recreation Area - group site 4

4771 Sly Park Road, Pollock Pines, CA 95726

Join us by the lake, yummy food, fun games, music and other outdoor activities.

Swimming, kayaking, SUPing. Come for one day or stay the entire time.

Evite link:

https://www.evite.com/_ct/c373ad97c64266255dfa1f9418003fd90d80ecfa/view_and_rsvp_bt

If you have any trouble with the link, contact Rachel at Rachiep93546@yahoo.com

JULY

Trans Tahoe Relay July 13, 2024, Lake Tahoe - Sand Harbor to Skylandia Beach

A fun event - Currently we have 3 teams:

Team 1: "More talk, less swim" includes Rachel, Violet, Brad, Bandon, Steph and Blaise

Team 2: Michelle is team captain and includes Kate, Pulak, Pim and Natalie

Team 3: Barbara is team captain and includes Mike Webster, Natalie Asmundsen, Renate and Kristin Buckley

Homes are rented. Every team has a boat.

If anyone is interested in being a back-up for one of the teams above, contact the team captain to find out more. Everyone is welcome to come and support!

Go Tigersharks!!

SEPTEMBER

South End Rowing Club Alcatraz Invitational - Saturday, September 7, 2024 8:00AM

<https://serc.com/alcatraz-invitational/>

Be one of the Tigersharks spotted off Alcatraz!

[Swim From Alcatraz – SERC Alcatraz Invitational](#)

Ready for a swim of a lifetime? Cross the San Francisco Bay channel with views of the city, Golden Gate Bridge and Bay Bridge in the distance.

Cost: \$250

This is a fun event (about 1.25 to 1.5 miles), something to add to your bucket list, or to repeat and better your time. Skins or wetsuits, your choice.

There are 325 signed up at this time, so sign up as soon as you make a decision! In the past the team has met on Sunday mornings at Aquatic Park in the months preceding the race to practice bay swimming. The more the merrier!



Swimmer Spotlight!

Mike Webster



Tell us about your swimming journey?

My swimming journey started in Hong Kong, where I was born. My parents had a junk boat that we used as a family on the weekends. We would venture out into Repulse Bay and to swim and enjoy time with family. When I was 3, decked out in my water wings, I climbed to the top deck of our boat and watched my older brothers and sisters jump from the top deck into the water (about 20 feet or so). I was/am very competitive, even at an early age. When my mom wasn't looking, I ran to the edge, peered over at my brothers and sister in the water below who, at this point were yelling to get my mom's attention, and jumped! I enjoyed many more jumps from that deck, which my mom never really got comfortable with. We moved to the Philippines, and I became an age group swimmer on the school swim team. We travelled to different military bases for swim meets with other teams. I loved the comradery at swim meets then and I love it now. When we moved back to the US in the 80's I tried out other sports (baseball, football, diving) but in college came back to swimming – well, water polo. I played water polo throughout my college career at Diablo Valley College and at the University of Arizona where I went on to become the coach (story for another time). Throughout my adult life, I have participated in various master's programs, but my 6 years (I think it's been 6?) with the Terra Nova Aquatics Masters is the first place where it felt like I was back in Repulse Bay, swimming with my family (and freaking a few people out from time to time).



When you aren't swimming with the TNA masters, what keeps you busy?

When I am not loathing the "test set" on Saturday or an IM heavy board workout from Natalie on Tuesday I am trying to keep up with and support my two kids. Loren, 15, is a freshman at Terra Nova High School and John, 13, is a 7th grader at IBL. I work for a video game company based out of Cyprus and have spent my career working in the video game industry. Maybe you have heard of some of the games I have launched? Tomb Raider, Marvel's Avengers, MLB: The Show, Resident Evil, ATARI Classics, etc. My much better half, Olympia, and I try to spend time adventuring the Bay Area and beyond when we can.

What is an interesting fact about you that no one knows?

In addition to thriving in a swimming pool, I almost died in one. My brother and I played Jacques Cousteau as kids and he locked me in a dog cage that ended up at the bottom of our pool!



TERRA NOVA AQUATICS - Did you know that...?

For more information about Terra Nova Aquatics go to our website where you can find complete information about both teams, photos from previous events, updates on what's happening, information about the Board and their meeting schedule and how to bring agenda items to their meetings, how to make a donation and more. www.terranoaaquatics.com

Terra Nova Aquatics is a non profit organization which offers two swim teams and uses the pool at Terra Nova High School. TNA was established over ten years ago under the guidance of coach Brad Pence; a former coach for Terra Nova HS Swimming and a Pacifica Hall of Fame inductee. The Coastside Tiger Sharks (CSTS) is a Masters team open to adult swimmers of all levels, and the Pacifica Platypus Swim Club (PPSC) is a USA Swimming age group team for youth between 6 and 17 years.

Current Swim Schedule as of March 2024

CSTS- Masters Team

Monday- Friday 6:00-7:15 am, Thursday we open at 5:30-7:15 am

Monday, Tuesday Wednesday Thursday Evenings 6:15-7:15 pm

PPSC- Age Group Team

Monday - Thursday 6:15 to 7:15 pm